

GURU NANAK COLLEGE, DHANBAD

DEPARTMENT OF PSYCHOLOGY

ACADEMIC PLAN – JULY 2023-DECEMBER 2023

MONTH	ACADEMIC PLAN
JULY	A DISCUSSION ON CONTRIBUTION OF A REKNOWNED PSYCHOLOGIST
AUGUST	WORKSHOP ON TIME MANAGEMENT
SEPTEMBER	UNDERSTNDING PSYCHOLOGICAL TESTING AND THEIR USES
OCTOBER	INTRODUCTION AND IMPORTANCE OF PSYCHOLOGICAL
NOVEMBER	IMPORTANCE OF MINFULNESS MEDITATION
DECEMBER	A DISCUSSION ON CONTRIBUTION OF A RENOWNED PSYCHOLOGIST